



OFFICE OF THE DEAN OF STUDENTS  
STUDENT DISABILITY RESOURCE CENTER

## **Guidelines for documentation related to Autism/ Asperger's Disorder**

This guidance has been updated to adhere to the Americans with Disabilities Act Amendment Act of 2008.

The Americans with Disabilities Act, or ADA, defines a person with a disability as “a person who has a physical or mental impairment that substantially limits one or more major life activities.” <https://adata.org/faq/what-definition-disability-under-ada>

### **What do you need to submit to the Student Disability Resource Center?**

Documentation from a current treating physician that is submitted in a non-editable document (no Word Documents), is on letterhead, is signed and dated, that states a diagnosis/diagnoses, and that provides support for the diagnosis and how it meets the definition of a person with a disability under the ADA.

For additional documentation guidance, please see below:

- Must state the disability including a DSM code. Your doctor will be familiar with this. Should also include the date of diagnosis
- Must include a detailed description of the disability
- Must describe how this impairment significantly limits a major life activity/activities in general and in an academic setting
- If applicable, should include medical information relating to the impact of medication and/or treatment on the student's ability to participate in all aspects (classroom, extracurricular activities, dorm life, etc.) of the academic environment
- The doctor should include any recommendations they have for appropriate accommodations within the context of the university environment